

# MASON READS

## The Undocumented Americans Discussion Questions

- How do you think it would feel crossing the bridge to a new country?
- What are some reasons people emigrate to the U.S.? What challenges might they face? Do you think their expectations are met? If no, how do you think America does not live up to their dream?
- How do you think it would feel to have a missing sense of belonging when immigrating to a new country? Where do people typically find that community?
- What are some of the impacts of migration on refugee mental health?
- How does culture play a part in affecting immigrant and refugee mental health?
- Why might refugees be reluctant to seek out help for mental health related issues? Is there stigma around discussing mental health?
- Does your school openly talk about students at your school who are DREAMers, immigrants or refugees? How can classmates, teachers, and your community help these students feel safe, secure, and welcome?
- How does the debate over undocumented Americans demonstrate the importance of civic engagement? How can we do this in our community?